# Little red SCHOOLHOUSE

Parent Handbook Updated August 2024

Welcome!

## Part I. General Information

### **Mission Statement**

Guiding children through the joyful discovery of independence in a place where children learn care for self, others and the environment.

This handbook has been developed to provide you with information regarding the enrollment of your child, as well as the policies and procedures of LRSH, Inc. You will be asked to sign a contract at the end of this handbook to ensure that you understand and agree with everything stated in the handbook. There will also be additional forms that we ask you and your doctor to fill out and turn into us on, or prior to, your child's first day. If you have questions regarding any of the information in this handbook, please clarify them with the Executive Director.

### **Brief History/Tutorial**

LRSH, Inc. Little Red Schoolhouse is a non-profit organization that is LRSH, Inc. follows the Montessori philosophy in its programs. We collaborate with other community organizations and preschools to help promote and support quality childcare and education in Summit County.

LRSH, Inc. is a nonprofit corporation that was formed in August 1997. We are dedicated to providing high-quality education in a safe and nurturing environment for the children that attend, and an educational resource and support system for the families of these children. The sole purpose of this corporation is the provision of childcare through the Little Red Schoolhouse.

LRSH, Inc. is pleased to provide this program to our community. The Little Red Schoolhouse is located in a beautiful new building since 2005, at 600 Reiling Road Breckenridge, CO 80424. We are a Montessori-based Preschool and Early Learning Center serving 80 children between the ages of eight weeks and six years.

Our classrooms provide a warm and inviting atmosphere. Inside, the classroom is prepared with the needs and interests of each child in mind. It is very open and bright with low shelves and windows. Activities are set on shelves for each child to discover and explore. Little Red Schoolhouse provides a home to many living creatures such as fish, guinea pigs and bunnies, which offer the child the opportunities to nurture and care for. Outside there are large fencedin yards with climbing equipment, slides, and a variety of outdoor toys. During the summer months each child is invited to assist in the planting of, and caring for, the variety of gardens surrounding the school.

The corporation is run by a Board of Directors, which consists of parents, childcare professionals, and members of our community. The Board of Directors has hired an Executive Director to oversee the operations of this facility. The Executive Director reports to the Board of Directors. The Board meets monthly to determine the direction of the programs, ensure that the financial status of the organization is sound, and assist the Executive Director with other matters as requested. Should a parent wish to attend a Board Meeting, they may do so and should check with the Executive Director for the time and place of the meeting. Parents should realize that there may be items that will be inappropriate to discuss in their presence, and they may be asked to leave if this occurs. In general, however, our corporation highly values our parents and their opinions and welcomes any input you may wish to provide.

#### Philosophy

LRSH, Inc. follows the Montessori philosophy. The Montessori philosophy is based upon the work of Dr. Maria Montessori, Italy's first woman MD. Maria Montessori's study of children and advocacy for their needs led to historic advances in the field of education. She developed an appreciation for children and the importance of the child's activity in his/her education. One of the results of her studies is a child-led environment. Each child can move about the room freely, choosing from the many individualized learning materials.

The Montessori materials have been developed to begin with the most concrete level of exploration; then move into the complex and abstract at gradual levels. The graduated materials combined with the freedom to make one's own choices allow the child to learn particular developmental skills while also making his/her own decisions. With the freedom of movement in the classroom the child is allowed to observe others, work individually, or in small cooperative groups.

The environment of each of the programs encourages respect for the children, the teachers, and the materials within the classroom. Like a parent, the teachers observe each individual child and address his/her needs. The teachers respond to the needs of the child and provide opportunities that stimulate his/her natural potential. Teachers provide a role model for the children within the classroom through their interactions, language, and careful and thoughtful use of the materials. LRSH, Inc. is committed to providing and maintaining a safe, warm, nurturing environment allowing all of the children to grow and learn at their own pace.

### Part II. Enrollment

#### **Enrollment Policies:**

LRSH, Inc. provides licensed childcare open to all children, regardless of sex, race, religion, nationality, creed, or physical ability, who may benefit from our program. LRSH, Inc. provides a safe, nurturing environment for young children. Admission of a child with special needs is completed in compliance with the AWDA, and reasonable efforts are made to accommodate the child's needs and to integrate him/her into the environment with the other children of the program in which she/he is enrolled.

LRSH, Inc. operates five days a week, year-round. **We are open from 7:30 a.m. to 5:30 p.m. Mon- Fri**. Parents are asked to drop their children off by 9 a.m. in the preschool, and as soon as possible in the infant/toddler rooms. They are asked to call if they might be later so teachers can plan for the day and make phone calls to people who have requested drop-in days.

When determining new enrollment possibilities, we follow a waitlist that is, above all, based on the date added to it, however, priority on the waitlist for enrollment/adding days, will be handled in the following manner: currently enrolled children, children of board members, siblings, children of staff, and new children on waitlist.

Upon availability of days, LRSH, Inc. will telephone parents of wait-listed children to fill the vacancy as soon as possible. We will allow at least 2 business days for a parent to respond before moving to the next person on the list. Your child will remain at the top of the wait list as long as you respond to our calls. After Little Red makes two attempts to place the same child in a vacant spot and the parent does not respond, the child will be removed from the waitlist.

We strongly recommend children in our Preschool program (2  $\frac{1}{2}$  - 6 year olds) attend school a minimum of 2 days per week. This is to ensure that your child has the opportunity to bond

and form a trusting relationship with his/her teachers and to obtain the most developmental benefits from our program.

### **Acceptance Fee:**

A \$125 acceptance fee per child is assessed at the time of acceptance. This fee is due in 7 days from when the invoice is received by the family.

#### **Registration Fee:**

A \$75 annual registration fee per child is assessed in September for current families. This fee is prorated quarterly, according to when the child is enrolled; therefore, if your child starts in January of a given year, he/she will be charged a \$56.25 registration fee and so on (quarterly from September).

#### **Admission Procedures:**

All admission procedures must be completed by the time of the child's first day at the Little Red Schoolhouse. These procedures include:

- An informal pre-admission phone interview with the child's parents to determine whether the program offered will meet the needs of the individual child and family
- A tour of the school
- Upon acceptance of an available spot for their child(ren), families will be given 7 days to pay the acceptance fee per assessed. This fee is non-refundable. If payment is not made to LRSH within 7 days, the open spot will be forfeited and passed along to the next family on the waitlist.
- A half-day visit by the child. This is most often done on the first day or two of enrollment.
- Parent's signatures indicating that they have read and agree to the school's policies and procedures
- Completion of the Registration Packet

#### **Registration Packet:**

This packet contains information required by the State of Colorado and LRSH, Inc. Each form must be completed at the time of/ prior to enrollment.

- Registration-Program Consent form provides us with all of your child's logistical information, social information, and pick-up authorizations. It serves as an Authorization Form for the program, as well as a Medical Release. This form must be updated annually.
- 2. Health and Development Form: Medical and developmental history of your child
- Medical: General Health Appraisal- must be completed by a licensed physician, physician's assistant, or a licensed nurse practitioner. This form must be updated annually. The American Academy of Pediatrics recommends well-child checks as follows:

2, 4, 6, 9, 12, 15, 18, 24, 30, 36 months and annually thereafter

- 4. Immunization Records or Signed Exemption (Please talk to Admin to obtain an exemption form)
- 5. Parent Release Form provides insurance information and a medical release.
- 6. Summit County Health Guidelines For Childcare and Schools
- 7. Parent Contract- states that you have read, understood, and will adhere to all of the policies and procedures outlined in the LRSH, Inc. Parent Handbook.
- 8. ACH form for direct debit for tuition payments.

## **Part III. School Policies**

To ensure that we are providing the highest quality of care to all families, and our communication is consistently smooth, we have developed several school policies. They are listed below. To obtain copies of any of these policies please see the Front Desk. You may also obtain them electronically by clicking on the below policy.

- 1. Waitlist Policy
- 2. Enrollment Policy
- 3. Move- Up Policy
- 4. Transition Policy
- 5. <u>Translator/Interpreter Policy</u>
- 6. Drop-in Day Policy
- 7. School Rules
- 8. Mealtime Guidelines
- 9. Biting Policy
- 10. Challenging Behavior Policy
- 11.Referral Policy
- 12. Adversity and Trauma Policy

**Commented [MT1]:** A list of all available policies. You can also get a hard copy at the front desk. Compliant with (2.1)

### Part IV. Curriculum

#### **The Preschool Classrooms**

Practical Life Area: This area is the doorway to the classroom. The activities in this area reflect everyday life. The child may begin with simple activities that develop care of self. The child progresses into more complex activities that develop care of the world surrounding him/her. Activities in the Practical Life area include spooning, stringing, hammering, grace and courtesy, sweeping, and dish washing. In the process of acquiring the developmental skills of physical control, coordination, order, and organization, the child develops the skills of self-confidence and independence. This area is cooperatively used to introduce art, cooking, and science activities.

Circle Time is a large group activity time. The child develops the skills necessary to work in large group situations while also learning to sing songs, play games, listen to stories, share information with others, and participate in group discussions.

The Language Area permeates all areas of the classroom through conversation, discoveries, thoughts, and listening. The activities begin with the sounds that are familiar to the child's ear and move into the physical written symbol for these sounds. The child moves from phonetic reading to sight and context reading. The skill of writing begins with the development of fine motor control in the Practical Life Area and continues with colored pencil designs using the Metal Inserts in the Language Area. The child progresses to writing letter symbols, writing words and stories. The library is also found in this area.

The Math Area is an area of exploration of dimensions, size, quantity, and regulated series, which lead directly into the study of numbers. The child is first presented with concrete examples of the values of 1-10, the second presentation involves introduction of the symbols

for these quantities, and ultimately the association between the two concepts. The child moves from 1-10 into number families, addition, multiplication, subtraction, and division.

The Sensorial Area of the classroom is intended to focus on the five senses of the child. The activities develop the child's ability to categorize information. Matching activities, puzzles, grading, and sorting activities are found in the Sensorial Area of the classroom.

#### **Preschool Garden to Table Program**

The Little Red Greenhouse was established in 2016. It is planted, maintained, and harvested by our children and teachers. The greenhouse and our established outdoor gardens, allow us to incorporate healthy, nutritious options into the snacks that we provide here at Little Red. We believe that by influencing the eating habits of young children while their preferences are forming, children can create healthy lifestyles, through good nutrition, that can last a lifetime. While children are planning, planting, maintaining, and caring for our garden, they are creating meaningful and educational experiences. In the garden, the children are learning about Life Cycles, Geography, Math, Physical Activity, Social Skills, and Teamwork.

### The Infant/Toddler Classrooms

Here at LRSH, we try to provide each of the above areas in the Infant/Toddler classrooms as well; however, in an age-appropriate manner! For instance, to incorporate practical life, we have a "pretend" kitchen area in a couple of the rooms to reflect an everyday life activity. We also have stairs that lead up to the sink area, so the children learn to wash their hands by themselves, and we encourage the children to eat their lunches on their own as well. By doing this we feel like the children are learning to be more independent and gaining important knowledge for the future. The language is introduced through having circle time with the children and language activities throughout the day. They also learn new songs and play instruments so the children can hear and make different sounds. To incorporate math, we provide the children with blocks and sorting activities to experiment with. And finally,

**Commented [MT2]:** Our Garden to Table Program falls under

have the sensorial area. We provide matching activities as well as puzzles for the children to explore. These rooms will also have an area for indoor climbing and cushy mats for rolling and exploration.

#### **Outdoor Play**

Outdoor play is an important part of our curriculum all year long. The children spend a minimum of one hour each day on the playground or outdoors on a field trip. We feel this opportunity for large motor development and social interaction. Exploration of the outdoor environment is an integral part of our curriculum and necessary for the growth and development of each child. In the event that excessively hot or cold weather keeps us from going outside, we will schedule other fun, large motor activities such as dancing, yoga, or tumbling. The children participating in the Infant and Toddler classrooms will spend time outside each day, weather permitting. At times when it is not possible to venture out, activities within the classroom and common areas will be used to encourage large motor development and sensory stimulation.

#### **Television Viewing**

Occasionally on rainy/snowy days, during the holiday season, or as a supplement to the class curriculum, a video appropriate to the children's developmental level may be viewed during school hours. This typically occurs during the last hour of the day or during our regularly scheduled outdoor time. Excessive video watching is not encouraged or permitted.

Children are not permitted to use or possess cell phones or electronic devices while at Little Red unless special written permission has been granted by both the school administration and the parents. This includes, but is not limited to, cell phones, watches, iPads or computers that have abilities to track, make / receive phone calls or the ability to connect to the internet.

#### Part IV. Children Management

### **Primary Children**

Here at Little Red Schoolhouse, we believe in the most consistent care for your child(ren) and the best continuity of care that we can provide. In other words, we like to build strong relationships and bonds among and between teachers and children as well as teachers and parents/guardians. To better do so, each child will have a "primary teacher" in each classroom that they enter here at Little Red. That teacher is the person that the family will meet with during conferences, and whom will also approach the parents if there is anything that is more important to communicate other than daily information (ie. Developmental needs, behavioral needs, feeding needs, etc.). As the child moves through the school (through 6 different classrooms over 6 years) he/she will get a new "primary teacher" in each room however, they will bring with them their portfolio that was filled with artwork, information, and communications from the previous "primary teacher". We prefer, and in some instances, we can keep a teacher with the "pod" of children for two years or more, with the teacher moving from classroom to classroom to better provide that continuity of care. Please inquire with the administration if you have questions about this.

#### **Discipline & Behavior Management at LRSH**

No physical punishment of any type will ever be used by LRSH staff. Discipline will be based upon logical consequences and choices and redirection. We will not act upon a system of punishments and rewards. A system of logical consequences is designed to be firm but friendly. It is designed to teach the child, as it gives him/her the power to make choices. Children occasionally need a short time-out to review choices and consider alternatives.

More difficult behavior problems will be handled through the cooperation of staff members and parents. We are here to serve and protect all of our children. Please be certain to inform the

Commented [MT3]: Compliant with 4.4 & 4.5

Director or the staff of any changes at home that may affect your child's behavior while at school.

Children displaying chronic disruptive behavior that has been determined to be upsetting to the physical or emotional well-being of another child or staff member will be required to go through the following process:

- 1. Conference with Program Director and Lead Teacher to discuss alternatives to achieve the desired positive behavior.
- If the initial plan fails, the parents will be required to meet again with staff and research outside sources for assistance such as, Child Find and Early Childhood Resource and Referral. Consequences will be discussed if progress is not observed in a reasonable amount of time.
- When progress has not been made, the child will be suspended indefinitely from our program; all decisions made at this point regarding the child will involve the Executive Director.
- 4. The Executive Director reserves the right to immediately suspend a child at any time if the child exhibits behavior which is harmful to him/ herself or others. We reserve the right to contact the parent if at any time a child's behavior is uncontrollable for staff. The parent may be asked to remove the child immediately from Little Red.

### Ages and Stages

Little Red currently uses Ages & Stages and Ages & Stages, Social Emotional. ASQ/ASQSE is a developmental and social-emotional screening for children from one month to 5 ½ years. Highly reliable and valid, ASQ looks at strengths and trouble spots, educates parents about developmental milestones, and incorporates parents' expert knowledge about their children. Little Red will be using these screening tools one to two times per year for each child, at that time we also ask parents to complete one as well and return to their child's teacher.

### GOLD

Little Red Preschool Classrooms (Brown Bear and Black Bear) use GOLD Teaching Strategies Assessment Tool. Otherwise known as, "the authentic, ongoing, observation-based assessment system that helps teachers and administrators like you focus on what matters most for children's success." (https://teachingstrategies.com/solutions/assess/gold/)

The teachers are asked to meet 4 different checkpoints throughout the calendar year. These checkpoints require that the teachers assess each child in the class through observation of 6 different areas of development. The outcomes of the assessments are spoken about in scheduled parent/teacher conferences or communicated to the class that they are complete and families can schedule a time with a teacher if they would like.

 Please note: IF there is a "red flag" for a student or if the student's assessment scores fall below what is "expected", the teachers will take the appropriate avenue to monitor the checkpoints and/or speak with the Assistant Director (also the Early Intervention Liaison)

#### Commented [MT4]: Compliant with 4.1a&b and 4.2a

#### **Parent/Teacher Conferences:**

The Preschool Classrooms offer 2 parent/teacher conferences per "school year". Our school year is generally dated from September 1<sup>st</sup> to June 1<sup>st</sup> with one conference being offered in October upon request and then one conference being offered in April via scheduled appointments. The infant/toddler classes are offered one "scheduled" conference per school year in April; however, are welcome to request a separate conference at any time.

Parents will be notified of these conferences and times via email and a sign on our Front Marquee with an ample amount of time to sign up or request time. As always, if none of the times offered work for the family, we will do our best to arrange a time that does. In addition, if there is any time throughout the year that families would like to request a conference or meeting with either the teacher(s) or administration, we encourage the family to speak with an administrator.

#### A Note About Accountability

Whether we are on school grounds or an outing, the staff members of LRSH, Inc. are constantly counting heads to ensure that all children are accounted for. During outdoor play, children are always within the eyesight of at least one staff member. Children must obtain permission from a teacher before they reenter the building for any reason. In this way, the staff can maintain an accurate head count at all times.

During outings and field trips, children are paired with a friend and instructed on appropriate, safe walking procedures. Children are instructed to always remain with the group. Younger children are paired with older children or a staff member. If a child should become lost on an outing or field trip, children are instructed to remain at the specified site in the care of an adult. One teacher would then retrace the steps of the group and seek assistance as needed until the child is located and returned to the group. The parent or guardian of the child will be notified as soon as possible, keeping the safety of all the children our priority.

#### **Parent Resources**

At Little Red, we believe that having resources available to parents at all times is essential. We have created a "Parent Resource Center" in the Foyer to offer the parents Book, Newsletters, a Service Provider Guide, and more. We believe that having this area will provide contacts and connections for parents and families to get in touch with the appropriate community service agency including (but not limited to) educational, social/emotional, health, mental health, and developmental needs.

In addition, any of the Administrators and/or our Social Emotional Liaison or Health Liaison work well with the community and its agencies. They are always willing to speak with any families about their child(ren) or help with family questions and issues. In this case, the chain of command would be to speak to one of the Administrators, first. They would then refer the parent or family to the Health or Social/Emotional Liaison or be able to put them in touch with the right resources.

Lastly, we recommend visiting <u>https://www.summitfirc.org/en/supportive-services/</u> for a list of resources and services in the area that can help with anything from housing to counseling, to financial services.

### **Quality and Improvements:**

As a High-Quality Preschool and Early Learning Center, Little Red strives to stay consistently reliable, available, clean, nurturing, and educational. We work to uphold our high standings within and among the community and are constantly researching, training, and educating our staff and administration to provide the utmost quality of care. We do this through several avenues:

- At Little Red, we require ALL staff to be trained and certified in CPR, First Aid, and Universal Precautions.
- We require ALL staff to complete and pass (with B or above) 2 Early Childhood Education Classes (# if the teacher is in infancy), to become Lead Teach Qualified by the State of Colorado. This means that ALL staff, no matter their position or educational background will have these classes.
- We require ALL staff and administration to attend 15+ hours of training per calendar year.
  This is to keep their education current and ensure we are improving our teaching each year.
- Little Red Schoolhouse is visited twice a year by the County Health Department, and once a year by the State Licensing Department for Early Childhood Centers. This is to ensure that we continue to uphold our licensures.
- Beginning in the Winter of 2018, Little Red will be Qualistar Rated. Qualistar's mission is to "elevate the quality of early childhood education across Colorado by improving the

Commented [MT5]: Compliant with 2.14

Commented [MT6]: Compliant with 2.14

everyday practice of professionals, and by building safe, supportive environments." (https://qualistar.org/about/)

- Our school is rated every 3 years using the Early Childhood Environment Rating Scale. Which examines a wide variety of factors that all contribute to children's development..." (https://qualistar.org/assessment/ecers/)
- The outcome of this rating will be available in a hard copy at the Front Desk.

Parent and staff surveys, exit interviews, frequent emails and communications and newsletters. These are all different avenues that we can use to communicate, gather parent information, and reflect on our practices to continuously adjust and improve our program. In addition, we encourage parents to speak with any of the administrators if they have any questions, comments, or concerns.

• Please note: When a goal for improvement has been notified by the school, the school will be communicating this via email (Generally in the Fall Newsletter).

Commented [MT7]: Compliant with 2.10+, 3.1b

### Part V. School Information

### **Hours of Operation**

Preschool and 2-3 year olds	Infants and Toddlers		
Full Day: 7:30 am - 5:30 pm	Full Day: 7:30 am - 5:30 pm		
Half Day: 7:30 am - 1:30 pm	Half Day: 7:30 am - 12:30 pm		

#### Front Door Entry:

Safety is our number one priority at LRSH. In order to enter the school, a code is necessary to enter on the keypad located on the front doors of the school. Each family will receive a code at the time of enrollment. This code will be valid from 7:30am to 5:30pm Monday through Friday.

#### **Security Codes:**

For purposes of security, every family is assigned a code to enter. We will post a daily QR code that parents will need to scan upon arrival and sign out upon departure. This will let us know what time, and with whom, a child has arrived and departed each day. This process is also required by the State of Colorado Department of Human Services. LRSH, Inc. cannot assume responsibility for a child who has not been signed in properly by a parent or guardian. Please be sure to help maintain security for your child and all children: *sign your child in/out*.

### Ratios

The State of Colorado Department of Child Care issues the following guidelines for adult-to-child ratios: 1 caregiver: 10 Preschoolers, 1 caregiver: 7 Two-Three Year Olds, and 1 caregiver: 5 Infants and Toddlers.

LRSH, Inc. sees the following as the minimum guidelines for providing quality childcare. Typically, LRSH, Inc. will provide a 1:7 ratio in the preschool classrooms, a 1:4 ratio in the 2–3year-old room, and a 1:3 ratio in the infant and toddler rooms.

Commented [MT8]: Compliant with 4.3a, 4.3b & 4.3c

#### **Naptime Policy**

The State of Colorado, Department of Human Services requires that all children enrolled in a full-day program be provided with rest time. Full-day children enrolled in the preschool program and older toddler rooms will be provided with a blanket, sheet, and a 2" nap mat for sleep. The rest period for these children will be approximately 2-2.5 hours, or for as long as they sleep. Once a child of any age has fallen asleep during rest time, we will not wake them up unless an hour has passed, and then, only at the request of a parent. Staff will not force a child to sleep. If your child has a special blanket or soft lovie that they sleep with, please feel free to send it to school. The individual resting needs of each child will be met as nearly as possible. After a reasonable amount of quiet time, children may return to quiet play.

Infants' and young toddlers' sleep patterns will be followed. Crib sheets, nap mat sheets, and blankets will be provided.

#### **Emergency and Community Notifications**

Code Red is a new system that is replacing the current alert system, <u>www.scalert.org</u>. Please register online:

1. Please go to the website: https://public.coderedweb.com/cne/en-US/BF280A5EDDF0

2. Complete the form including all forms of contact that you would like to receive notifications on, please make sure to include an email address so that you can reset your password.

3. Review the Terms and Conditions and then check the box stating you have read the Terms and Conditions

- 4. Click verify information
- 5. Select YES, I would like to create a managed account
- 6. Enter a Username and Password
  - a. Password requirements
    - i. Must be at least 8 characters
    - ii. Includes 1 letter
    - iii. Includes 1 number
  - b. Password will have to be typed in twice to confirm

7. Click Continue

8. Verify placement on the map

a. If you need to change the location:

i. Click and hold down the left mouse key on the blue balloon

ii. Drag the marker to the location desire

9. Scroll down to the additional notifications section and select the check boxes for the alerts you would like to receive

10. Click Verify information

11. Verify the information is correct then hit continue

12. You should then receive the Congratulations page that specifies you have successfully registered for Summit County Alerts

a. Please take note of the phone numbers as these will be the numbers displayed on your phone when an alert is sent

#### **Evacuations**

When the fire alarm sounds, the teachers and children will evacuate the building according to the Emergency Evacuation Plan posted in each area of the school. The children and staff are to remain outside of the building until it has been determined to safely return inside. If the building is not safe, the children will be taken to a safe place and parents will be contacted to pick their children up.

Practice evacuation drills are held quarterly for all staff and children. The Executive Director keeps a written record of all drills held which includes the date and time of the drill, the number of students and staff participating, and the amount of time taken to evacuate the building. We rely on our sign-in / sign-out records for an accurate count of children during these evacuations thus emphasizing the importance of parents using our sign-in/out kiosks.

If there is a true emergency evacuation, we will notify parents as soon as possible. We will take children to the BOEC located on Wellington Road or to the Summit County High School in case of an evacuation.

#### **Inclement Weather and Closings**

Little Red follows the Summit County School District for weather delays and closures. Little Red will remain open during inclement weather if the school district is open. However, if there are countywide road closures due to weather, we will be closed for the day. Listen to KRYSTAL 93.9 FM for closure information. You may also call the public school system's transportation line at 368-1777 and visit <u>https://public.coderedweb.com/cne/en-US/BF280A5EDDF0</u>

and sign up for automatic updates. If the schools are on a delayed schedule opening, Little Red will follow in that delay. In other words, if the Summit schools are delayed...we will also be delayed, if they are closed...we will be closed.

#### **Extracurricular Activities**

Activities such as skiing, ice skating, swimming, walks, and field trips are scheduled regularly for enrichment. These activities are presented in a way that creates a fun and positive educational experience. Emails are sent to parents for each of these activities throughout the year. These activities are only offered to the preschool program, with a few exceptions to the  $2-\frac{1}{2}$  -3  $\frac{1}{2}$  yr old room. One, this is because it is too hard to travel with the younger children and the number of staff we have. And two, some of the activities are not age-appropriate for younger children. For your child to participate in the extracurricular activities, we ask that each parent participate in at least one activity your child is signed up for.

#### **Summer Trails Camp**

Summer Trails Camp is a program designed for children eligible for attending Kindergarten the following fall. This program runs during the summer months only. It incorporates learning through a variety of field trips, and daily explorations and adventures. Additional information is

distributed in March. This program is provided at no additional cost; however, there may be a charge for some of the activities this group participates in.

Transportation: Field trips, outings, and excursions are provided throughout the year as an important way to enrich our curriculum. For trips out of the county, we rely solely on vehicles owned by parents, all of whom are required to have insurance and a valid driver's license. When riding in a parent vehicle, each child must be in a child restraint system that conforms to all applicable Federal Motor Safety Vehicle Standards. Locally, we rely on the Breckenridge Free Ride, Breckenridge Ski Resort Bus, and the Summit Stage for transportation. While riding on public transportation the children are not permitted to move about while the vehicle is in motion. Seat belts are not provided on the above-listed methods of public transportation. There may be times that we ask for parent volunteers as well.

Reminder: Please arrive at school by the designated time. If a child arrives late on a day when a field trip or excursion is planned, we will not hold up the group to wait for his/her arrival. Please call ahead if you know your child will be late and we may make arrangements for you to meet up with the group. If we have not heard from you by the time we leave, we will post a note stating time, location, and cellular phone number where we can be reached so that your child may join us if possible.

### Part VI. Tuition/Billing and Attendance

Rates as of September 1<sup>st</sup>, 2024

Program	Daily rate	One Day	Two Days	Three Days	Four Days	Five Days
Infant / Toddler	\$102	\$442	\$884	\$1,326	\$1,768	\$2,210
Preschool	\$94	\$407	\$815	\$1,222	\$1,629	\$2,037

There is a 10% discount for each additional child- applied to the lowest tuition amount IF your family doesn't qualify for Tuition Assistance.

There is an acceptance fee of \$125.00 per child.

There is an annual registration fee of \$75.00 per child.

There is a \$5.00 per minute charge for late pick-up after 5:35.

There is a \$50.00 per month charge for unfulfilled volunteer time.

\*Tuition checks may be placed in the Tuition Box at the reception area by the fifth day of each month.

#### **Payment Policy**

Tuition will be due on the first of each month and will be late as of the fifth of each month. Billings for tuition will be issued no later than the first of each month. Payment for all days that are reserved for your child is expected in advance and any authorized adjustments to tuition will be made on the following month's billing.

Tuition that is outstanding as of the 15<sup>th</sup> of the month will be subject to a \$50 late payment charge. Payments for tuition and all late fees not received by the last day of the month may result in termination of services until all amounts due are paid in full. Reinstatement after such termination shall be at the discretion of the Executive Director and the Board of Directors and

subject to availability. Such termination of service shall not relieve the family of its obligation for the past due tuition and late fees. LRSH, Inc. shall pursue all past due amounts through all means necessary, including, but not limited to collection agencies, attorneys, small claims court, etc. The cost of all such collection efforts shall be added to the tuition due from the family. Any fees incurred from bounced/denied checks will be placed back on the payee. Outstanding balances will be subject to an additional \$50 charge on the 15<sup>th</sup> of each month that the balance is unpaid. If you are unable to pay your full balance by the 5<sup>th</sup> of the month a payment plan must be in place and signed by the parent(s) of the students and the Executive Director.

### **Tuition Reimbursement**

LRSH does not monetarily refund tuition. Registration and acceptance fees are non-refundable.

### Schedules

Schedule changes are made on a first come first serve basis. Please speak with the Assistant Director for availability.

### Withdrawal Procedure

The Director must receive written notification two weeks in advance of a child's withdrawal from the Little Red Schoolhouse. Failure to give proper notice may hold the enrolled family financially responsible for the following month's tuition.

#### Withdrawal of Services

LRSH, Inc. maintains the right to terminate services when the child and/or parent is deemed to, in the sole discretion of LRSH administration, pose danger to or act aggressively, physically, or verbally toward the other children, families, or staff at Little Red Schoolhouse. In addition, if the child and/or parent have become a liability to Little Red, the Board of Directors or Director(s) can ask the family/child to leave. Services may be withdrawn for non-payment of tuition, not adhering to the policies laid out in the Parent Handbook, the child/parent has needs that we cannot adequately meet with our current staffing patterns, or any other reason deemed appropriate by the Executive Director or Board of Directors.

#### **Drop-In Days**

Drop-in days will be granted as additional days to your child's regular schedule for \$50 per day. **The fee is due on the morning of the Drop-In.** We do not invoice you for drop-in days. Drop-in days will be granted providing space is available and at the administration's discretion. Drop-in days must be reserved through the administration. Unscheduled attendance is not accepted. Please keep in mind that Drop-In days are NOT guaranteed.

### Attendance

Please be sure to call by 9:00 am if your child will not be attending school. Accurate attendance is important for safety and appropriate staffing. Since regular attendance by your child is an integral part of his/her success and enjoyment of the programs, please honor your child's regular schedule. Please have your child in attendance by 9:30 each day. If your child has not arrived by 9:30, his/her space for the day may be given away.

### Vacation

School days may not be monetarily credited for out-of-town time. We cannot hold or guarantee that space will be available upon the return of a child who takes the summer off or an extended period off unless regular tuition payments are maintained. Note: Once you have scheduled your child out for a particular day, their space may be forfeited.

### Holidays/Closures

LRSH, Inc. will be CLOSED on these dates; please make alternative arrangements for your child

- Labor Day
- Thanksgiving Break (Thanksgiving & the following Friday)
- Christmas Eve Day
- Christmas Day
- New Year's Day
- One full week (5 days) coinciding with the School Systems Spring Break (most often mid-April)
- Memorial Day
- Independence Day
- One additional "Floating Holiday"- Which we will disclose with the release of the school Calendar in September.

If the holiday falls on a weekend Little Red reserves the right to close on a weekday prior to or following that holiday weekend. We will post school closures no less than two weeks before the closure. Depending upon enrollment, we may close early for other events, such as the Ullr Parade, New Year's Eve, etc., if enrollment dictates. You will be given at least two weeks' notice of such closings.

### Part VII. Other Policies/Regulations

### **Toileting/Diapering:**

Preschool Toilet Learning Policy: To enter the Preschool program, your child, if not yet fully using the toilet, must be in pull-ups and comfortable and familiar with using the toilet. If your child comes to school in underwear and has 2 accidents during the day, we will then dress your child in a "pull-up". Please provide pull-ups for when this may occur. We will remind your child to go to the bathroom to help them from having accidents. Please provide the staff with any helpful 25

information you may have regarding your child and their toileting. Also, please provide several complete changes of clothing for your child. We are glad to help in this process! The staff, on an individual basis, will evaluate children whose toileting is not progressing.

#### **Breast Feeding:**

LRSH has an "open door" policy around breastfeeding and we encourage mothers to come in as needed to nurse. There is a designated quiet area in the infant room that provides a dim, quiet and comfortable place for the mother and baby. Once the baby "graduates" from the classroom, we can still offer times for the mother to come in and nurse if they choose.

### Two-Three-Year-Old Toilet Learning Policy:

We are happy to help your child with their toileting. Children that are learning will be encouraged to use the toilet at a minimum every 1½ hours. Please dress your child in easy to remove clothing, for example, no belts, overalls, or challenging buttons so that we can assist them more easily.

#### What to Bring:

#### **Needs List: Infant**

- Daily
  - Though they do not go outside as much as the other rooms (especially in the winter), please dress or bring appropriate outdoor clothing
  - Lunch with fully prepared food items (cooked, peeled, cut up, etc)
  - o Appropriate amount of premixed bottles, or a supply of breast milk
  - Two full changes of clothes
  - o Diaper ointments (feel free to leave some here with their name on it)
  - Lovie (if they have one)
  - Pacifier (if they have one)

**Commented [MT9]:** Compliant with 5.3

- Blanket (if they have a specific one)
  - Please note that a doctor's note is required for anything (other than pacifiers and sleep sacks) that will accompany your child during sleep.
- As Needed
  - o 1 package of scent-free, alcohol-free wipes as needed. We will let you know.
  - Diapers (it's best to bring in a package, we will let you know when your child is running low)

### **Needs List: Toddler**

- Daily
  - Drinks in screw-top container (We try to avoid sippy cups in order to promote good oral development)
  - o Lunch (2 snacks are provided)
  - Diaper ointment (feel free to leave some here)
  - o Two full changes of clothes
  - Favorite blanket or lovie (if they have one)
  - For winter, please bring a waterproof snowsuit/ pants/ jacket, mittens, boots, and hat (they do get out at least once every day)
  - For summer, please bring a sun hat and jacket or sweatshirt. If your child wears sandals, please bring an alternate pair of shoes for outside time
- As Needed
  - o 1 package of scent-free, alcohol-free wipes as needed. We will let you know.
  - Diapers (it's best to bring in a package, we will let you know when your child is running low)

### Needs List: 2-3 Year Olds

- Daily
  - o Drinks in a screw-top container

- Lunch (2 snacks per day are provided)
- Diapers (you may bring diapers each day or bring a supply that can stay at school)
- Diapering ointments
- Two full changes of clothes. If your child is in the toilet learning process, please provide several (8-10) full changes of clothing.
- Favorite blanket or lovie (if they have one)
- For winter, please bring waterproof snowsuit/ pants/ jacket, mittens, boots and hat
- For summer, please bring a sun hat and jacket or sweatshirt. If your child wears sandals, please bring an alternate pair of shoes for outside time.
- Monthly
  - o 1 package of scent-free, alcohol free wipes

### **Needs List: Preschoolers**

- Daily
  - Lunch (2 snacks per day are provided)
  - $\circ~$  Full change of clothes; if your child is toilet learning, send several sets of clothing
  - Wipes as necessary
  - Favorite blanket or lovie (if they have one)
  - For winter, please bring a waterproof snowsuit/ pants/ jacket, mittens, boots, and hat.
  - For summer, please bring a sun hat and jacket or sweatshirt. Also, if your child wears sandals, please bring an alternate pair of shoes for outside time.

#### **Adjustment Period/The First Days**

LRSH, Inc. encourages parents to start their children's new experiences gradually. It is recommended that you stop by for a few visits prior to enrolling your child, then progress to dropping them off for a few hours on one or two occasions to slowly allow him/her to become accustomed to the program. Once your child has completed this process and is enrolled regularly, please be confident when saying goodbye. Your child can sense your feelings. Developing a goodbye routine such as a kiss goodbye, or wave at the window will aid your child in this transition. After becoming accustomed to the program, we anticipate that the separation process will become routine and less difficult. Please feel free to phone to inquire about your child's progress after being dropped off.

#### **Parent Communication**

At the Little Red Schoolhouse, we value your suggestions, ideas, and support. If you have any questions or concerns, please feel free to discuss them with the Director. It is important that you are satisfied and feel comfortable with the program. We want to hear your comments.

Day-to-day communication: Please feel free to talk with your child's teachers at pick-up time about your child's day. A monthly calendar is posted on the parent bulletin board detailing daily circle times and activities. An account of daily activities is also posted on the dry-erase board outside of your child's classroom. Important information about upcoming events and reminders are placed on the community and events boards in the school entryway.

Conferences: Conferences will be scheduled twice a year for preschool children to discuss in detail your child's progress and answer any questions you may have. Assessments will be sent home once a year for children enrolled in our other classrooms. If at any time you have other concerns about your child, we will be happy to schedule a meeting with you.

Commented [MT10]: Compliant with 2.1

#### **Community Information and Events**

Important information can be found at the front entrance of LRSH, on the Community and Events Board located just inside the front doors to the left. This information will be emailed to each family and be posted outside of your child's classroom as well. The bulletin board outside your child's classroom is where you can find pictures of the teachers in the room, a classroom wish list, and a monthly calendar. Additional information is often posted in this area. Please be certain to check this area daily.

#### **Volunteer Policy**

Volunteering allows you to be an integral part of your children's experience at Little Red. Studies have shown that increased parent involvement contributes to children's long-term success in school and that the act of helping others is the best way to build strong morals. Volunteering teaches preschoolers and even toddlers about compassion, empathy, tolerance, gratitude, and community responsibility. These are all ethics we strive to embody at Little Red Schoolhouse. As a non-profit organization, we also rely on our families to participate and support our program and fundraisers. The family of each child enrolled in the Little Red Schoolhouse will be required to give one hour of volunteer time each month or purchase \$15.00 off of your child's classroom "wish list". Failure to do so will result in a \$40.00 per month charge. It will be up to each family to make sure that they document their volunteer time/ wish list fulfillment in the Volunteer Log, located next to the Community and Events Board at the entrance. The charges for volunteer time will be billed monthly. The Executive Director, Program Directors, Teachers, and the Board of Directors will make every attempt to ensure that there are opportunities for you to volunteer. These will be posted each month on the bulletin board outside of your child's classroom. Volunteer opportunities for general school needs will be posted from time to time as well. As a part of enrollment, each family will be asked to sign a Volunteer Agreement Contract. Some of the ways to make up your volunteer hours are:

1. Volunteer during a fundraiser! This can include planning or working time at an event.

- 2. Volunteer to assist with the children during a field trip, activity, or helping in the classroom.
- 3. Volunteer to assist with repairs, cleaning, maintenance, or other needs at the school.
- 4. Purchase \$15.00 worth of supplies as requested on the wish list or for a fundraiser.
- 5. Bring in lunch for the teachers or snacks for the children.

If volunteer hours are not met and a charge is made to the parents, the funds accumulated will be used for the following:

- 1. To pay teachers/substitutes to attend and work the fundraisers in place of parent volunteers.
- 2. To purchase supplies needed if not donated.
- To fund other items needed for the school, or as the Board of Directors and the Executive Director determine to be appropriate.

#### **Parent Involvement**

Parent involvement in the classroom is very beneficial. It allows you to participate in your child's education. Parents can help with special field trips or aid in the classroom. You are welcome to come and share parts of your profession, a hobby, or a special talent. Please let us know if you would like to join in and share part of yourself with our classroom.

Involvement in maintaining the school in such activities as Make A Difference Day, painting, remodeling, gardening, etc. may be necessary at times during the year. When your help is needed, we will put up a sign-up sheet and/or general note or announcement for help.

#### **Attend a Board Meeting:**

The LRSH, Inc. Board of Directors meets at least 6 times throughout the year. Meetings are open to the public. Minutes from each meeting are available, upon request, from the Executive Director.

### Accident/Injury Policy

If your child sustains a minor injury while in the care of the staff of LRSH, Inc. you will be notified by the end of the day by a staff member. This notification may be given over the phone or in person. The injury will be noted on an Accident Report and will be reviewed and signed by the parent and the teacher and stored in the child's file.

In the event of a more serious accident or injury, you, or the person you have designated, will be notified promptly. At the discretion of the staff, any reasonably necessary medical care and/or transport will be arranged. If you or an authorized person is unable to be contacted, a licensed physician, dentist, or medical care provider will carry out any reasonably necessary medical care for your child. You are monetarily responsible for all medical care and transport provided.

#### **Prompt Pick Up**

Be considerate of our staff and respect our hours of operation. Doors open at 7:30 a.m. Children will not be admitted early. Coming early/ arriving late will cause undue stress on your child and the teachers. Your child must be picked up by 5:30. If you are late, \$5.00 per minute will be charged on your next bill. If your child is left at the center until 6:30 PM, *even if you have notified a staff member*, the Colorado Department of Social Services will be contacted, and your child will be surrendered to that department. We appreciate your cooperation on this, as it is helpful not only to the staff but also to your child's sense of security.

Once you have arrived to pick up your child, you are responsible for their safety and whereabouts. Children are not allowed on the playground unless supervised by a Little Red employee.

#### **Protection/Release**

Child Protection: The staff of LRSH, Inc. is mandated by law to report to the Department of Human Services any incidents of suspected child abuse or neglect. Teachers are also mandated by law to refuse the release of a child to any parent or guardian who they suspect to be under the influence of alcohol or drugs. If a staff member suspects the use of alcohol or drugs you will be requested to find an alternative individual who is physically able to pick up your child. Refusal to cooperate with such a request may result in a staff member notifying the local police or sheriff and/ or the Department of Human Services.

Visitors: We welcome visitors. All visitors to Little Red Schoolhouse must sign the visitor's log at the reception desk upon arrival and departure. Please let us know if your child will be having a visitor, we may be unfamiliar with.

Release: No child shall be released to an individual without authorization from a parent or guardian. Please notify one of our staff members when someone other than yourselves will be picking up your child. Identification may be required at the time of pick up. If an individual has not been authorized by a parent or guardian to pick up your child, your child will not be released to that individual. An individual must be of the legal age of 18 years to have a child released to him or her. This is for the protection and well-being of your child.

Please remember to sign your child in and out at the Kiosks at the entrance of the school!

#### **Reporting Child Abuse**

As a licensed facility, by the Colorado Department of Human Services, LRSH, Inc is required to make our parents aware of the state policy for reporting suspected child abuse. If you believe a child has been physically or sexually abused, you should immediately report this to Summit County Social Services at 970-668-4111. Childcare services play an important role in supporting families. For additional information regarding licensing, or if you have concerns about a childcare facility or would like to review a licensed facility's file, please contact the Colorado Division of Child Care at 1575 Sherman Street, Denver 80203-1714 or call 303-866-5958.

### Clothing

Comfortable play clothes are best suited for our activities at LRSH. Try to choose clothing that your child can handle on his/her own, with front openings, etc. Please keep in mind that your child will be getting dirty. Tennis shoes or rubber-soled shoes are safest for running or climbing. Slippers with gripped bottoms are appropriate for indoor use during the winter months. All children are prone to having accidents of one kind or another. Please help your child be prepared to help him/ herself in such situations. Send an extra set of labeled clothing for your child. Extra clothing may be kept in a bag in your child's cubby. Also please be aware of the quickly changing weather here and send appropriate outerwear. If your child returns home wearing clothing from LRSH, please return each article as soon as possible.

Winter Clothing: Snow gear is required each day between October and June. Be prepared! Your child will need a snowsuit or snow pants and a jacket, hat, waterproof mittens, good winter boots, and eye protection. Be certain that your child has a pair of indoor shoes or slippers. Extra clothing is recommended. PLEASE LABEL EVERYTHING!

Summer/Spring/Fall: Due to our constantly changing weather, it is recommended that your child have a warm jacket or sweatshirt each day. Summer Trails Camp has a special list of daily

clothing requirements. Please be sure to provide all necessary items for the comfort of your child.

Label, Label, Label: Please label all your child's belongings. The staff assists the children each day in organizing their belongings, but often there are duplicate items of the same size. Label all your child's clothes, underwear, snow gear, and lunch box items including all containers, etc. as this will help to ensure their proper return. LRSH, Inc. is not responsible for lost items.

#### Lost & Found

Unidentified items are placed in the lost & found chest in the cubby area. All unclaimed items will be donated to the Family Intercultural Resource Center or another charitable organization. Please check lost and found for missing items. LRSH, Inc. is not responsible for lost or broken items.

#### Toys

LRSH, Inc. requests that toys remain at home. Often, toys can be lost or broken while at school. Encourage your child to leave them in the car if they are having a difficult time separating from them at home. LRSH, Inc. is not responsible for lost or broken toys. Please keep toys at home.

#### **Gatherings & Parties**

Several times during the year LRSH, Inc. will host parties to provide parents with the opportunity to meet one another. These events provide your child with the opportunity to share his/her school with you in a more casual setting. We encourage everyone to join in on these potluck events and show off their cooking talents. Typically, we take advantage of a Thanksgiving Potluck and a Summer Graduation BBQ.

#### At Home

Your child will be more organized at home if his/ her room or play area has shelves with organized containers (that can be managed by your child) instead of a large toy box. Limit

the items offered for play and rotate them frequently as needed. Encourage your child to work on one thing at a time and to return it before starting something new.

#### **Phone Calls**

Please keep phone calls to a minimum: emergencies and important messages only. If we do not answer the phone, please leave a message on the voice mail. A staff member will return your call at their earliest convenience. Although your call is important to us, your child's safety is our primary concern.

#### **Birthday Celebrations**

We enjoy celebrating your child's special day with him/her. In celebration of your child's birthday we have a special "Birthday Circle". This circle calls attention to your child and his/her growth and development. During this celebration, your child is invited to "walk around the sun" to accentuate the passing of each year of his/her life. We highlight each year with developmental landmarks and any special information we know about each of your child's years of growth. This is a perfect time to have parents join in and share their child's life with the school. Pictures are welcome. Often special cakes and treats are brought to school to help celebrate. We welcome simple treats that are easily distributed to the children. Cupcakes, frozen juice pops, and fresh fruit are among a few suggestions. Remember, the children require only small portions of these sugar treats. Please be conscious of the fact that there are often children in attendance who have food allergies. Typical food allergies include dairy products and peanut products. Birthdays are a special time for all of the children, please be sure to check with a staff member and send treats that are appropriate for everyone. We do not mind party invitations being handed out in cubbies- if all children in your child's classroom are included. Please be aware that problems arise, and feelings are hurt when children are excluded.

### **Part VIII: Health Policies**

### Immunizations

All preschool children are required to have current immunizations- or a signed exemption on file- as well as an annual exam performed by their physician. Little Red Schoolhouse accepts children into our program who are not immunized or may be on a delayed immunization schedule. This means that your child may be in contact with a child who is not immunized. If exempt from immunizations, a parent/ legal guardian must provide a written reason to the school before enrollment, along with a statement that the child is in good health. Immunization forms signed exemptions and health forms must be updated annually for our school files. <u>"Children with immunization exemptions signed and on file with the school will be excluded from the program in the event of an outbreak of a vaccine-preventable illness as directed by the state health department."</u>

### Health Guidelines for Child Care and Schools

Karen Wyatt, M.D., Summit County Public Health Officer Summit County Child Care Licensing Summit County Public Health Nursing

Our goal is to provide a healthy environment for our children and staff. To achieve this goal, cooperation is needed by parents, child care providers, and schools. The following recommendations are guidelines and individual variations should be considered on a case by case basis.

- 1. A child with a fever over 100.4 under the arm should not attend school. An infant under 4 months with a fever over 99 under the arm should not attend school. The child may return after he/ she has been without a fever for 24 hours, without fever-reducing medication.
- 2. The attending personnel should evaluate a child with green or yellow nasal discharge. If the child is lethargic, unwilling to play or not taking fluids, the child should not attend school. The parents may need to seek medical advice.
- 3. A child with a severe or croupy cough should not be in school, seek medical advice.
- 4. A child with Pink Eye should not return to school until 24 hours after the start of medication.
- 5. A child with Strep (streptococcal infection) may not return until he/ she has been taking antibiotics for 24 hours.
- 6. A child should not be allowed in school if he/ she has two or more watery stools in one day. The child may return after he/ she has not had diarrhea for at least 24 hours, and has solid stools. Parents should seek medical advice.
- 7. A child who is inconsolably fussy should not be in school, we will evaluate on a case by case basis and contact parents. Parents may seek medical advice.
- 8. A child who is vomiting should not be in school. The child may return after he/ she has not vomited for at least 24 hours, and seems healthy. Parents may seek medical advice.
- 9. If a child has infected skin with crusts and/ or drainage, a physician must evaluate the condition before returning.
- 10. Any child with a contagious skin rash may not return until the rash has disappeared.
- 11. When a child in care has been diagnosed with a communicable illness including hepatitis, measles, mumps, meningitis, diphtheria, rubella, salmonella, giardia, tuberculosis, and shigella; the caregiver must immediately notify the parents or guardians of all children in care and report to the local public health office or the Colorado Department of Public Health and Environment. A diagnosed child must be excluded from care for the period of time prescribed by the child's physician or by the local public health office. Furthermore, a child that has not been immunized against the illnesses mentioned above, will not be able to attend school for a designated period of time, as recommended by a health care professional, and the local public health office.

#### **Non-Prescription Medicine/Topical Medicine**

Before we can administer any non-prescription medication, topical cream, or over-the-counter medication, your child's healthcare provider must give their written approval. The administration of any medication, regardless of type, must follow the aforementioned procedures and protocols.

#### Sunscreen

To ensure proper sun protection, we recommend that you apply sunscreen to your child each day, prior to arrival. Providing we have written authorization, sunscreen will be applied to your child during the day by a staff member. If you prefer a specific brand of sunscreen, please send a labeled tube to school. You may keep this sunscreen at school.

#### **Nutrition at Little Red Schoolhouse**

Your child must bring a lunch and a drink to school every day. LRSH, Inc. asks that no sodas, juices, or sweets be sent with your child's lunch. Please remember, that your child's performance, health, and moods are affected by the food you provide for him/her. Provide your child with a healthy and nutritious lunch to help him/her have the best day possible. The staff of LRSH, Inc. will require that your child eat the most nutritious food you provide before having a treat from his/her lunch. If your child chooses not to eat the nutritious food, treats will not be given. If your child refuses to eat his/her lunch, we will encourage, but never force your child to eat. A staff member will be in communication with you if your child is not eating as expected or if it is felt that more nutritious lunches should be provided. If your child does not eat his/her lunch at the regularly scheduled lunchtime, they will be offered the opportunity to finish their lunch after rest time and before 5:00 PM.

Lunch notes: Please place your child's lunch in the refrigerator if you have provided perishable items for him/her to eat. Label your child's lunch, containers, and thermoses. Microwaves are available for use in your child's classroom.

The State of Colorado Division of Childcare requires staff to monitor and supplement lunches that do not meet the nutritional requirements: One serving of grains, one serving of protein, one serving of fruit and vegetables, and one dairy serving. If we should have to supplement your child's lunch, a written notice will go home first. The second time we have to supplement, you will be charged \$5.00.

Lunch ideas

- Proteins: beans, nuts, turkey, eggs, tofu, peanut butter or hummus as a dip, cheese
- Grains: pasta, rice, pretzels, crackers, tortilla wraps, cereal bars, granola, bagels
- Fruits/Veggies: apricots, berries, melon, kiwi, snap beans, raw veggies & ranch, salad (please peel/cut all fruit)
- Dairy: cheese, yogurt, milk, cream cheese, cottage cheese
- Visit <u>www.myplate.gov</u> for more ideas.

#### **Snacks at Little Red Schoolhouse**

Little Red provides two nutritious snacks each day- at breakfast time and in the afternoon, after nap time. Occasionally, we will do a classroom cooking activity for a snack or will have a special treat. A monthly snack schedule is posted on the refrigerator. Feel free to ask for a copy. We will not serve peanut products. Please let us know if your child has any food allergies.

We strictly follow our handbook and ask that you respect and follow it as well. If you have any additional questions or concerns regarding these policies and procedures, please speak with the Administration. If you have questions regarding LRSH, Inc., a Colorado Non-Profit Organization, please contact the Board of Directors (contact information is available upon request, from the Executive Director)



## Parent Contract/ Handbook Acknowledgement

All parents must read and sign this contract.

\*I hereby agree to comply with the rules and regulations of Little Red Schoolhouse specified in the Parent's Handbook issued by the school each year.

\*I am aware of the scheduled school holidays that Little Red Schoolhouse is closed.

\*I understand that my child's file shall be always kept up to date. If requested updates are not turned in, my child may not be able to attend until their file is complete with all necessary updates, medical forms, and other necessary paperwork.

\*I hereby agree to notify the school two weeks in advance of permanent withdrawal, should such an event occur or pay the difference.

\*I understand that I will be required to volunteer 1 hour per month or will be charged \$40 per month.

\*Bills for childcare will be distributed before the first of each month. Payments will be made directly to the center for childcare services and are due no later than the 5th of each month. Failure to pay your bill in full by the last day of the month may result in termination of services. \*Children should arrive by 9:30 am. A schedule is set for your child, and it is the responsibility of the parents to cancel no later than 9:00 am if you will be unable to attend. This is so we have ample time to fill the day with a drop-in or rearrange staffing if needed. We appreciate your cooperation with this. There will be no reimbursement for absent days. Drop-in days are based upon availability on a given day and are \$50 cash or check, due the morning of.

\*Little Red Schoolhouse agrees to update parents in writing of any changes in these policies. I have read and understand the above statements, as well as the entire Parent Handbook, and will comply with the rules and regulations of Little Red Schoolhouse. Signed \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_

Mother or legal guardian

Signed \_\_\_\_\_

Father or legal guardian